

Let's review the definition of paradigm shift. It is simply a dramatic change in the methodologies or practices of doing something. The reference is to major changes in thinking and planning, which ultimately results in changes to implementation. Some examples are lighting homes with electricity versus candles and oil lamps. Another more recent would be using the internet to search the web for information versus going to the library or the encyclopedia from the book shelf at home. Paradigm shifts have been presented to the world and adapted to everyday life in many areas such as health, travel, communication, education, etc. When it comes to your personal life, leadership or business what practices do you need to change that would present significant positive change? A paradigm shift would offer tremendous measurable results.

Help Needed on all Shifts

Many of us would agree that we need a shift in areas of our lives. At times, it is hard to allow one to take place until we make a decision to do something different. And, some shifts are hard to accept without the assistance of others. Those of you who find it difficult to commit to a diet know what I mean. You need others for accountability reasons. Teamwork always accomplishes much more. Once you make the decision for change and get the proper support in place, a shift will follow. What is hindering you on your shift?

Humor Created a Paradigm Shift

Once, after a series of business seminars, a group of us were having a serious discussion on what a paradigm shift meant. There were several similar ideas thrown on the table. I interrupted and said, "I know what paradigms are." I actually said, "Pair of Dimes." When the attention was focused on me, I said quickly and seriously, "twenty cents!" Laughter fell upon our group and a paradigm shift took place that led us from a serious conversation to a peaceful calm. That shift created a long season of laughter for me.