

Inspect to Properly Reflect

We are very familiar with the word inspection. It is a process used to confirm that proper standards are maintained. Even our memories should be exercised and inspected, especially when it comes to reflection. Reflection is a valuable tool used for setting new goals and to make proper adjustments to meet those goals. No one wants to circle the same mountain or cross the same unproductive bridge again and again. A good exercise for reflection is to constantly review where you have been. Do you really want to go there again?

Corrective Vision

How do you correct bad hind sight? Practice makes perfect they say. Not only are bad habits good to break, but creating good ones are always a great idea too. When setting goals, personally or for your team, create good habits to include time to reflect over mistakes, non-productive activities and if the right training was implemented. Clarity for decisions that result in success is what you want. What has success been like?

Hind Sight is 20/20

The old phrase 'Hind sight is 20/20' is so true. Repeating some things is not wise, much less fun. And, most of us like positive results over negative. Clear vision of past history helps bottom lines remain in the black, marriages to become stronger, parenting to become easier and life to be more joyful. What do you want?

See where to go by where you have been.

To set clear goals of where you want to go, it is a must to know where you have been. Knowing where you have been also helps you understand who you are and where you are. It is critical to inspect for details when making decisions for your future, especially when it will impact others too. What do you see behind you?